

# CONFERENCE ROOM

Capacity: 45 Guests

Our indoor, air-conditioned Conference Room offers a comfortable, distraction-free environment.

Thoughtfully designed to support learning and connection, the space is flexible and can be equipped with all the essentials needed for a productive session—whether you're facilitating a seminar, hosting a professional training, or guiding a deeper inquiry.

700 Square Feet



## IDEAL FOR

Lectures

Presentations

Seminars

Group Discussions



# MEDITATION TEMPLE

Capacity: 45 Guests

The Meditation Temple offers a serene, ocean-facing space for inner listening and presence. Designed as a refuge from distraction and urgency, it warmly welcomes guests for guided meditation or silent personal practice.

Come to sit with yourself, to reconnect with your breath, or simply to take in the architectural beauty and energy of the space. At its heart rests a hand-carved marble centerpiece—a grounding presence where calm washes over, and clarity has room to emerge.



## IDEAL FOR

Silent Sits

Journalling

Meditation

Cacao Ceremonies



## SERENITY SPACES

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Our Serenity Spaces are intentionally placed areas around the property designed to support calm and presence. Set along ocean viewpoints and garden nooks, these distraction-free spaces offer natural places for meditation, reflection, or journalling.



## IDEAL FOR

Silent Sits

Journalling

Meditation



# INDOOR & OUTDOOR LOUNGES

Capacity: 15 to 25 Guests

Our indoor and outdoor lounge seating offers comfortable, inviting spaces for guests to gather, unwind, and socialize between sessions.

Thoughtfully designed to foster a sense of ease and community, these areas provide a natural flow between rest and conversation, privacy and togetherness.



## IDEAL FOR

Informal Discussions

Journaling

Post-Session Socializing

Reading



## SUGAR BEACH

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Right at our feet, Sugar Beach is a secluded stretch of soft sand and calm waters. Surrounded by lush vegetation and touched by the gentle rhythm of the ocean, this peaceful cove offers the perfect setting for connection.



### IDEAL FOR

Swimming

Meditation and/or Yoga

Sunset Walks  
and/or Viewing

Nature-Grounded  
Workshops

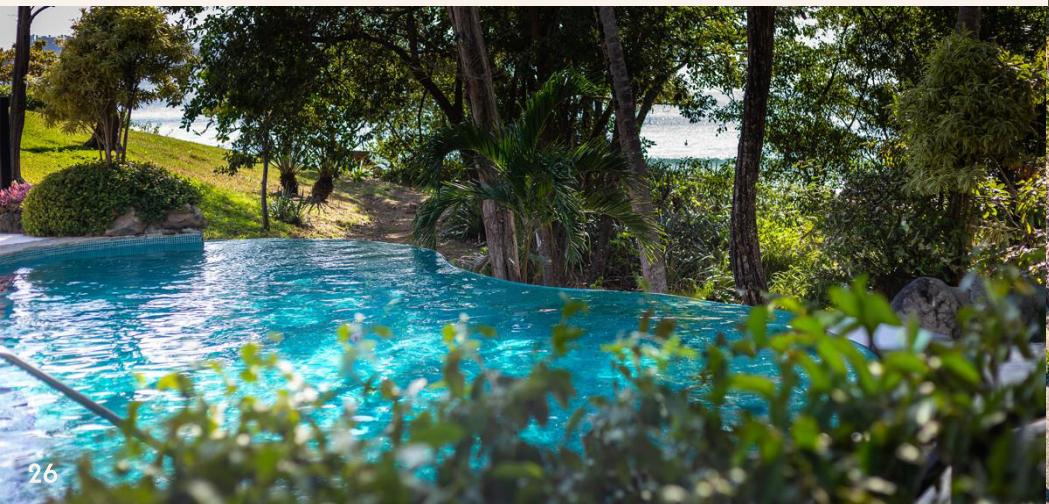


## SALTWATER INFINITY POOL

Whether cooling off between sessions or gathering casually with fellow guests, the Saltwater Pool offers a serene space to relax, refresh and reinvigorate.

Blurring the line between sea and sky, the pool invites guests to unwind in its mineral-rich waters while soaking in the natural beauty that surrounds.

[View Gallery](#)



IDEAL FOR

Solo or Social Time

Post-Session Cooldown



## WELCOME CENTER

The Welcome Center serves as the heart of arrival—a warm and inviting space where guests are greeted with care and invited to begin their experience with ease and presence.

Designed to reflect the calm, natural beauty of our surroundings, the air-conditioned Welcome Center offers a comfortable place to gather, orient and connect.



IDEAL FOR

Welcome Receptions

Pre-Excursion Meeting Point





## AVAILABLE EQUIPMENT

### INCLUDED

Yoga Mats  
Bolsters  
Exercise Straps  
Blocks  
Back Jacks  
Folding Chairs  
Wired Speaker (Maloca)  
Bluetooth Speakers  
Handheld Microphones  
Headset Microphones  
Television

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### ADDITIONAL FEE

Cacao Ceremony  
Gongs  
Crystal Sound Bowls  
Harmonium



# FOOD THAT TASTES AS GOOD AS IT FEELS

Clean. Restorative. Indulgent.

Our farm-to-table menus use fresh, seasonal ingredients that nourish from the inside out. Every dish is crafted with care to balance wellness and pleasure, offering food that's deeply satisfying, vibrant, and alive with flavor.

Sprouts and microgreens are harvested daily from **Nourish Farm**, our on-site growing facility. This innovative, sustainable system allows us to infuse our menus with fresh, organic, nutrient-dense foods.

For hosts, this means confidence in a culinary experience that will align with your program's intentions and elevate your guests' experience.



Plant-Forward

Sprouts &  
Microgreens  
Grown In-House



Cold-Pressed  
Juices & Tonics

No Seed Oils



Zero  
Preservatives or  
Pesticides



# FOOD & BEVERAGE

## Additional Notes

### Full Vegetarian Buffet

Whole-food focused.

Chicken, eggs, and other protein options available.

### Self-Serve Tea Bar

Available 24/7 in the Dining Hall

Drip coffee available

### Dietary Preferences Accommodated

Omnivore

Vegetarian

Vegan

Gluten, Dairy & Nut-Free

### Wine & Beer

Available for purchase

### Juice & Snack Bar

Selection of healthy, hand-made snacks, cold-pressed juices, smoothies, tonics, and nutrient-rich elixirs. Available for purchase.



# SAMPLE MENU FROM OUR KITCHEN

This menu is intended as a representation of the style and variety of meals we serve. We are unable to customize item-by-item.

### UPON GUEST ARRIVAL

#### Welcome Refreshments

Cacao & Coconut Power Balls

Hand Fruits

Fruit Platter

Watermelon & Mint Juice

Water with Basil & Orange

Tea Bar

### LUNCH

1 pm to 2 pm

Lemon Chicken

Green Beans Picadillo

Lentils

Couscous or Rice

Mixed Microgreens Salad

Assorted Fruit

Watermelon Juice

### BREAKFAST

8 am to 9 am

Mini Omelettes with Microgreens

Potato Hash

Roasted Herbed Tomatoes

Coconut Chia Pudding

Gluten-Free Granola

Assorted Fruit

Melon & Orange Juice

### DINNER

6 pm to 7 pm

Mini Omelettes with Microgreens

Potato Hash

Roasted Herbed Tomatoes

Coconut Chia Pudding

Gluten-Free Granola

Assorted Fruit

Melon & Orange Juice





## INTENTIONAL WELLNESS, THOUGHTFULLY DESIGNED

Curated amenities,  
*always included.*

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Reunion's leading-edge wellness amenities are a unique addition you can layer into your programming.

These amenities will beautifully complement the work of your retreat while providing your guests with meaningful, value-added experiences that support their ongoing wellbeing.





## WELLNESS AMENITIES

### INCLUDED

Hot & Cold Plunge Pools  
Infrared Saunas  
Fully-Equipped Fitness Center  
Saltwater Infinity Pool  
Meditation Temple  
Yoga Shala  
Outdoor Rain Shower  
Tranquility Gardens

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### ADDITIONAL FEE

Spa & Wellness Treatments and Services



# THE VITALITY REGENERATION STUDIO

Wellness and longevity treatments & services at your guests' fingertips.

As a host, your guests will have access to Reunion's medically licensed spa and medical center—a space thoughtfully designed for deep recharge, where cutting-edge science meets holistic restoration to rejuvenate the body and clarify the mind.

The studio brings together leading science-backed technologies to support the body's natural healing through a menu of professionally administered, evidence-based treatments, all designed to promote cellular repair, enhance long-term vitality, and restore balance from the inside out.

This unique offering allows you to deepen your retreat's impact with confidence and care.



## OPTIONAL WELLNESS SERVICES

Massage  
IV Drip Therapy  
Colon Hydrotherapy  
NeuralChek  
Bio-Well Energy Scan  
BrainTap  
Re-Vibe  
PEMF Therapy  
CoMra 905 Pro Therapy  
Tesla Frequency Machine Session  
Heart Rate Variability  
Contrast Therapy  
Health Coaching





## DISCOVER THE WONDERS BEYOND OUR SHORE

Add a memorable  
group excursion.

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Costa Rica invites exploration and adventure. Swim beneath hidden waterfalls, sail across turquoise waters at sunset, wander through the rainforest where howler monkeys and tropical birds call home, or take in the breathtaking landscapes of volcanic hot springs and forest reserves.

Reunion partners with trusted local guides and excursion providers to help you design seamless, memorable group experiences.



# AVAILABLE EXCURSIONS

Sunset Catamaran | 4 Hours

Specialty Coffee & Chocolate Tour | 3 Hours

La Fortuna Waterfall and Hot Springs | 6+ Hours

ATV Tour | 3 Hours

Snorkelling | 4 Hours

Monteverde Ziplining | 3 Hours

La Leona Waterfall Hike | 3 Hours

Diamante Eco Adventure Park | 2 Hours

Beach Horseback Riding | 3 Hours

Sloth Sanctuary | 3 Hours

*Please inquire with Reunion's Group Coordinator for pricing and logistics.*





LET'S CO-CREATE  
AN UNFORGETTABLE  
EXPERIENCE



# INVESTING IN YOU & YOUR GUESTS

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Hosting a retreat at Reunion is an investment in quality, care, and the overall experience your guests will have on the campus.

Reunion is committed to providing a well-supported, professionally managed environment so you can focus fully on the work you're here to lead. Combined with your programming, this creates an experience guests will remember — and want to return to.

## WHAT REUNION PROVIDES

- Venue & Accommodations
- Wellness Amenities
- Food & Beverage
- Scheduling & Logistics Coordination
- On-Site Execution
- Wellness Treatment Bookings
- Listing On Our Website

*Optional Add-On – Airport Transportation*

## WHAT YOU LEAD

- Program Design & Content
- Attracting & Enrolling Guests
- Guest Communications
- Payments & Financial Arrangements
- Retreat Facilitation & Delivery



## YOUR RETREAT, AMPLIFIED

Optional marketing visibility helping more of the right people *find you*.

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Reunion offers optional marketing support to help expand the visibility of your retreat.

Retreats hosted at Reunion can be featured on our website, connecting you to a broader audience seeking expert-led experiences in Costa Rica.

Your retreat listing will link directly to your own landing page, making it easy for interested guests to explore and register through your platform.

You'll also benefit from the awareness generated by Reunion's ongoing digital advertising, which drives traffic to our website year-round and increases overall program visibility.



# YOUR PLANNING SUPPORT SYSTEM

Helping guide you  
every step of the way.



**Haamid Dash**

**Director of Enrollment & Retreat Coordination**

Haamid will be your dedicated point of contact throughout. During the discovery phase, he will answer all questions and provide initial guidance as you learn more about hosting a retreat at Reunion.

Once your retreat is booked, he will work closely with you to ensure your schedule flows smoothly and your needs—and the needs of your guests—are met with care, clarity, and attention to detail.

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**REUNION**  
Wellness Resort & Retreats